RUTHERFORD B. HAYES HIGH SCHOOL

COMPREHENSIVE SCHOOL COUNSELING PROGRAM PLAN

GRADES 9 – 12

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Mission Statement

The Delaware City Schools will promote a culture of excellence that engages and empowers students and staff to embrace the challenges of our global society. We will build on our traditions, respect our diversity and partner for a strong community.

The mission of the School Counseling Program of Rutherford B. Hayes High School is to provide a comprehensive, developmental counseling program that empowers students to embrace the challenges of our global society. Through an aggressive partnership with students, family, school and community, we will foster the growth of every student's academic, career, personal and social development, while respecting diversity and encouraging future success.

Philosophy & Beliefs

Rutherford B. Hayes High School adheres to the philosophy that the school counseling program is an essential and integral part of student education. Given the proper support, we believe that all students can learn and achieve at high levels, both academically and social emotionally, that prepare them for adulthood and their future career aspirations.

The school counselors at Rutherford B. Hayes High School believe:

- Every student is valued and is treated with dignity and respect.
- All students have access to high quality school counseling services, provided by a full-time licensed, professional school counselor.
- All students' ethnic, cultural, racial, and socioeconomic differences and special needs are considered in the planning and implementation of the school counseling program.
- All students can expect that school is a safe and nurturing environment.

The Rutherford B. Hayes High School Comprehensive School Counseling Program:

- Is an integral part of the total educational process of the Delaware City School.
- Is preventative and proactive.
- Is planned, coordinated, managed, and evaluated by the school counselors.
- Is available to all students to assist them with personal/social, academic, and college and career counseling needs.
- Stimulates student learning.
- Encourages supportive, positive parental involvement in the schools.
- Helps build a positive school environment by encouraging collaboration among counselors, teachers, administrators, parents, and the community to further student achievement.
- Is continuously refined and improved through systematic review and evaluation of student performance data.

All counselors at Rutherford B. Hayes High School:

- Are guided by the American School Counseling Association Ethical Standards for School Counselors and the Counseling Principles of Good Practice of the National Association of College Admission Counseling.
- Engage in scholarly professional development activities. Work as an advocate for all students.

Role of the School Counselor

School counselors are educators with at least a master's degree who work collaboratively with parents, students, teachers, administrators, and community members and agencies to support and advocate for students in their academic, personal/social, and college and career development. They provide services to students through direct and indirect services, including classroom guidance lessons, individual student planning and counseling, group counseling, and responsive services. Since school counselors' roles have evolved to serve the whole student, the term "guidance counselor" no longer adequately describes the work that they do. The title "school counselor" better describes the work of a school counselor and is the preferred title.

School counselors will provide students and families with the following services: Responsive Services, Individual Student Planning, School Counseling Curriculum, and System Support. Each of these services is described in further detail below.

Responsive Services

- Consultation: School counselors consult with parents, colleagues, and community agencies regarding strategies to help students and families. School counselors serve as student advocates.
- Individual and Small-group Counseling: Counseling is provided in a small group or on an individual basis for students expressing difficulties dealing with relationships, personal concerns, or normal developmental tasks.
- Crisis Counseling: Counseling, comfort, and support are provided to students and families facing traumatic situations. School-based crisis response is offered onsite and is timely in nature.
- **Referrals:** School counselors use referral sources to address concerns such as suicidal ideation, violence, abuse, depression, anxiety, and family difficulties.

• F	Peer Facilitation:	Many school	counselors	train student	s as peer n	nediators,	conflict managers,	tutors,	and mentors
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•	Strategic Interventions:	School counseld	rs customize	educational	experiences in	n order to enhan	ce capabilities	and support
	positive choices.				•		•	• •

Individual Student Planning

- Individual or Small-group Appraisal: School counselors work with students and their families analyzing and evaluating students' abilities, interests, skills, achievement, and behaviors. Test information and other data are often used as the basis for helping students develop immediate and long-range plans.
- Individual or Small-group Advisement: School counselors advise students and their families using personal/social, educational, career, and labor market information in planning personal, educational, and occupational goals and monitor their progress towards those goals.

School Counseling Curriculum

- Classroom Instruction: School counselors instruct, cooperatively-teach, and provide assistance in teaching the school counseling curriculum.
- Interdisciplinary Curriculum Development: School counselors participate on interdisciplinary teams to develop and to refine curriculum in content areas.
- Group Activities: School counselors conduct planned small groups outside the classroom to respond to students' identified needs or interests.
- Parent Workshops and Instruction: School counselors conduct workshops and informational sessions for parents or guardians to address the needs of the school community and to implement the school counseling curriculum.

System Support

- **Professional Development:** School counselors are involved regularly in updating and sharing their professional knowledge and skills.
- Collaboration and Teaming: Through consultation, partnering, collaborating and teaming, school counselors make important educational and psychological contributions to the school system.
- **Program Management and Operations:** This includes planning and management tasks needed to support activities conducted in the school counseling program.
- **Data Analysis:** School counselors analyze student achievement and counseling program-related data to evaluate the counseling program, to conduct research on activity outcomes, and to discover gaps that exist among different groups of students that need to be addressed.

School Counseling Domains

The Rutherford B. Hayes High School Counseling Department follows the American School Counselor Association (ASCA) Mindsets & Behaviors model, which is organized in three broad domains: academic, career and social/emotional development. These domains promote mindsets and behaviors that enhance the learning process and create a culture of college and career readiness for all students. The ASCA definitions of each domain are as follows:

<u>Academic Development</u>: Standards guiding school counseling programs to implement strategies and activities to support and maximize each student's ability to learn.

<u>Social/Emotional Development</u>: Standards guiding school counseling programs to help students 1) understand the connection between school and the world of work and 2) plan for and make a successful transition from school to postsecondary education and/or the world of work and from job to job across the life span.

<u>College & Career Development</u>: Standards guiding school counseling programs to help students manage emotions and learn and apply interpersonal skills.

The ASCA Mindsets & Behaviors for Student Success: K-12 College- and Career-Readiness Standards for Every Student

Each of the following standards can be applied to the academic, career and social/emotional domains.

Category 1: Mindset Standards

School counselors encourage the following mindsets for all students.

- M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- M 2. Self-confidence in ability to succeed
- **M 3.** Sense of belonging in the school environment
- M 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success
- M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes
- M 6. Positive attitude toward work and learning

Category 2: Behavior Standards
Students will demonstrate the following standards through classroom lessons, activities and/or individual/small-group counseling.

and/or individual/sinali-group counselling.					
Learning	Strategies	Self-Mana	agement Skills	Social Skills	
B-LS 1.	Demonstrate critical-thinking skills to make informed decisions	B-SMS 1.	Demonstrate ability to assume responsibility	B-SS 1.	Use effective oral and written communication skills and listening skills
B-LS 2.	Demonstrate creativity	B-SMS 2.	Demonstrate self-discipline and self-control	B-SS 2.	Create positive and supportive relationships with other students
B-LS 3.	Use time-management, organizational and study skills	B-SMS 3.	Demonstrate ability to work independently	B-SS 3.	Create relationships with adults that support success
B-LS 4.	Apply self-motivation and self- direction to learning	B-SMS 4.	Demonstrate ability to delay immediate gratification for long-term rewards	B-SS 4.	Demonstrate empathy
B-LS 5.	Apply media and technology skills	B-SMS 5.	Demonstrate perseverance to achieve long- and short-term goals	B-SS 5.	Demonstrate ethical decision- making and social responsibility
B-LS 6.	Set high standards of quality	B-SMS 6.	Demonstrate ability to overcome barriers to learning	B-SS 6.	Use effective collaboration and cooperation skills
B-LS 7.	Identify long- and short-term academic, career and social/ emotional goals	B-SMS 7.	Demonstrate effective coping skills when faced with a problem	B-SS 7.	Use leadership and teamwork skills to work effectively in diverse teams
B-LS 8.	Actively engage in challenging coursework	B-SMS 8.	Demonstrate the ability to balance school, home and community activities	B-SS 8.	Demonstrate advocacy skills and ability to assert self, when necessary
B-LS 9.	Gather evidence and consider multiple perspectives to make informed decisions	B-SMS 9.	Demonstrate personal safety skills	B-SS 9.	Demonstrate social maturity and behaviors appropriate to the situation and environment
B-LS 10.	Participate in enrichment and extracurricular activities	B-SMS 10.	Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities		

	DOMAIN			
MONTH	Academic	Social/Emotional	Career & College	
July	 Credit & Testing Checks Resolve Scheduling Conflicts 			
August	 Schedule Pick-Up Freshmen Orientation 504 Plan Review Meetings Beginning of the Year 9th Grade Meeting Global Scholars Initial Meeting Identify Students for Student Success Plans and create SMART Goals with student 	 Freshmen Orientation 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Reviews Beginning of the Year 9th Grade Meeting Identify Students for Student Success Plans and create SMART Goals with student 	
September	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Reviews Identify Students for Student Success Plans and create SMART Goals with student 	
October	 504 Plan Quarterly Reports Q1 Failure Letters 	 Signs of Suicide Classroom/Small Group Lesson based on Needs Assessment 	• 504 Plan Quarterly Reports	

		• 504 Plan Quarterly	
November	PSAT 8/9 Testing	Reports • Classroom/Small	
November	Global Scholars	Group Lesson based on Needs Assessment	
December	OST Testing	Classroom/Small Group Lesson based on Needs Assessment	
January	Large Group Scheduling MeetingsDACC Visits to CBI 10	Classroom/Small Group Lesson based on Needs Assessment	Large Group Scheduling MeetingsDACC Visits to CBI 10
	 and Engineering Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports Q2 Failure Letters 	• 504 Quarterly Reports	 and Engineering Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports
February	• Individual Student Scheduling Meetings	Classroom/Small Group Lesson based on Needs Assessment	
March	 OST Testing 504 Plan Quarterly Reports Q3 Failure Letters 	 Signs of Suicide Classroom/Small Group Lesson based on Needs Assessment 504 Plan Quarterly Reports 	 College Information Night for Parents NCAA Eligibility Night for Parents 504 Plan Quarterly Reports
April	 OST Testing 8th Grade Student Transition to High School Programming 	 Classroom/Small Group Lesson based on Needs Assessment 8th Grade Student Transition to High School Programming 	8 th Grade Student Transition to High School Programming
May	• OST Testing	Classroom/Small	• 8 th Grade Student

	8 th Grade Student	Group Lesson based on	Transition to High
	Transition to High	Needs Assessment	School Programming
	School Programming	• 8 th Grade Student	
	Resolve Scheduling	Transition to High	
	Conflicts	School Programming	
June	• 504 Plan Quarterly	• 10 th Grade Transition	• 504 Plan Quarterly
June	Reports	Planning with 10 -12	Reports
	• OST Summer Testing	Counselors	•
	Summer School Failure	• 504 Plan Quarterly	
	Letters	Reports	
	• 10 th Grade Transition	-	
	Planning with 10 -12		
	Counselors		
	 Credit & Testing 		
	Checks		
	Resolve Scheduling		
	Conflicts		

	DOMAIN				
MONTH	Academic	Social/Emotional	Career & College		
July	 Credit & Testing Checks Resolve Scheduling Conflicts 				
August	 Schedule Pick-Up New Student Orientation Sophomore Class Meeting 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 Sophomore Class Meeting 504 Plan Reviews Identify Students for Student Success Plans and create SMART Goals with student 		
September	• 504 Plan Review Meetings	• 504 Plan Review Meetings	 504 Plan Reviews College/Military Representative Visits 		
October	 504 Plan Quarterly Reports Q1 Failure Letters PSAT Testing 	 Signs of Suicide 504 Plan Quarterly Reports 	 DACC Lab Presentation 504 Plan Quarterly Reports PSAT Testing College/Military Representative Visits 		
November	Global Scholars		DACC Visit		

	DACC Visit		
December	OST Testing		
January	 Large Group Scheduling Meetings Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports Q2 Failure Letters 	• 504 Plan Quarterly Reports	 Large Group Scheduling Meetings Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports
February	 Individual Student Scheduling Meetings 		
March	 OST Testing 504 Plan Quarterly Reports Q3 Failure Letters 	 Signs of Suicide 504 Plan Quarterly Reports 	 College Information Night for Parents NCAA Eligibility Night for Parents 504 Plan Quarterly Reports
April	OST Testing		
May	 OST Testing AP Testing Resolve Scheduling Conflicts 		
June	 OST Summer Testing 504 Plan Quarterly Reports Summer School Failure Letters Credit & Testing Checks Resolve Scheduling 	• 504 Plan Quarterly Reports	• 504 Plan Quarterly Reports

	DOMAIN			
MONTH	Academic	Social/Emotional	Career & College	
July	 Credit & Testing Checks Resolve Scheduling Conflicts 			
August	 Schedule Pick-Up New Student Orientation Junior Class Meeting 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 Junior Class Meeting 504 Plan Reviews Identify Students for Student Success Plans and create SMART Goals with student 	
September	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 Kiwanis College Fair 504 Plan Reviews Identify Students for Student Success Plans and create SMART Goals with student 	
October	 504 Plan Quarterly Reports Q1 Failure Letters PSAT Testing 	• 504 Plan Quarterly Reports	 504 Plan Quarterly Reports PSAT Testing College/Military Representative Visits 	
November			Naviance Training for	

December	• OST Testing		College and Career Research ACT/SAT Information ASVAB Testing College/Military Representative Visits Naviance Training for College and Career Research
January	 Large Group Scheduling Meetings Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports Q2 Failure Letters 	• 504 Plan Quarterly Reports	 ACT/SAT Information Large Group Scheduling Meetings Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports
February	 Individual Student Scheduling Meetings ACT Testing 		ACT Testing
March	 OST Testing 504 Plan Quarterly Reports Q3 Failure Letters 	• 504 Plan Quarterly Reports	 College Information Night for Parents NCAA Eligibility Night for Parents 504 Plan Quarterly Reports
April	OST Testing		Buckeye Boys & Girls State Attendees
May	OST TestingAP Testing		

	Resolve Scheduling Conflicts		
June	 OST Summer Testing Summer School Failure Letters 504 Plan Quarterly Reports Credit & Testing Checks Resolve Scheduling Conflicts NCAA Eligibility Center Transcript Processing 	• 504 Plan Quarterly Reports	 504 Plan Quarterly Reports NCAA Eligibility Center Transcript Processing

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MONTH	Academic	Social/Emotional	Career & College
July	Credit & Testing ChecksResolve Scheduling Conflicts		College Help Sessions
August	 Schedule Pick-Up New Student Orientation Senior Class Meeting 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 College Help Sessions Senior Class Meeting Naviance Training for College and Career Research 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student
September	 504 Plan Review Meetings National Merit Processing Individual Meetings with DACC Seniors Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 College Help Sessions College Information & Financial Aid Night for Parents NCAA Eligibility Night for Parents 504 Plan Review Meetings National Merit Processing Individual Meetings with DACC Seniors Identify Students for Student Success Plans and create SMART Goals with student College/Military Representative Visits
October	Valedictorian/Salutatorian	• 504 Plan Quarterly	College Help Sessions

	Meeting • 504 Plan Quarterly Reports • Q1 Failure Letters	Reports	 Valedictorian/Salutatorian Meeting 504 Plan Quarterly Reports College/Military Representative Visits
November			College Help SessionsASVAB Testing
December	OST Testing		College Help Sessions
January	 504 Plan Quarterly Reports Q2 Failure Letters Meet with Seniors who failed 1st semester classes to offer credit recovery options 	• 504 Plan Quarterly Reports	• 504 Plan Quarterly Reports
February			
March	OST Testing504 Plan Quarterly ReportsQ3 Failure Letters	• 504 Plan Quarterly Reports	Career Passport Contest504 Plan Quarterly Reports
April	OST Testing		Career FairScholarship Coordination
May	 OST Testing AP Testing Graduation Student Meetings with non-graduates 	 Graduation Student Meetings with non-graduates 	 Senior Awards Night Senior Exit Survey Graduation Student Meetings with nongraduates
June	 OST Summer Testing 504 Plan Quarterly Reports Credit & Testing Checks NCAA Eligibility Center Transcript Processing 	• 504 Plan Quarterly Reports	 504 Plan Quarterly Reports NCAA Eligibility Center Transcript Processing

Master 9th – 12th School Counseling Curriculum

DOMAIN

MONTH	Academic	Social/Emotional	Career & College
July	 Credit & Testing Checks Resolve Scheduling Conflicts 		College Help Sessions
August	 Schedule Pick-Up Freshmen Orientation 504 Plan Review Meetings New Student Orientation Freshman, Sophomore, Junior, & Senior Class Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 Freshmen Orientation 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 College Help Sessions 504 Plan Review Meetings Freshman, Sophomore, Junior, & Senior Class Meetings Naviance Training for College and Career Research Identify Students for Student Success Plans and create SMART Goals with student College Help Sessions
September	 504 Plan Review Meetings Individual Meetings with DACC Seniors Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Identify Students for Student Success Plans and create SMART Goals with student 	 504 Plan Review Meetings Kiwanis College Fair College Information & Financial Aid Night for Seniors Parents NCAA Eligibility Night for Parents National Merit Processing Individual Meetings with DACC Seniors

			 Identify Students for Student Success Plans and create SMART Goals with student College Help Sessions College/Military Representative Visits
October	 504 Plan Quarterly Reports Q1 Failure Letters PSAT Testing Valedictorian/Salutatorian Meeting 	 Signs of Suicide Classroom/Small Group Lesson based on Needs Assessment 504 Plan Quarterly Reports 	 504 Plan Quarterly Reports DACC Lab Presentation PSAT Testing Valedictorian/Salutatorian Meeting College Help Sessions College/Military Representative Visits
November	 PSAT 8/9 Testing Global Scholars DACC Visit 	Classroom/Small Group Lesson based on Needs Assessment	 DACC Visit Naviance Training for College and Career Research ACT/SAT Information ASVAB Testing College Help Sessions
December	OST Testing	Classroom/Small Group Lesson based on Needs Assessment	 Naviance Training for College and Career Research ACT/SAT Information College Help Sessions
January	 Large Group Scheduling Meetings for Grades 8 - 11 DACC Visits to CBI 10 and Engineering 	 Classroom/Small Group Lesson based on Needs Assessment 504 Plan Quarterly 	 Large Group Scheduling Meetings for Grades 8 - 11 DACC Visits to CBI 10 and Engineering

	 Parent Curriculum & College Credit Plus Night 504 Quarterly Reports Q2 Failure Letters Meet with Seniors who failed 1st semester classes to offer credit recovery options 	Reports	 Parent Curriculum & College Credit Plus Night 504 Plan Quarterly Reports
February	 Individual Student Scheduling Meetings ACT Testing 	Classroom/Small Group Lesson based on Needs Assessment	• ACT Testing
March	 OST Testing 504 Quarterly Reports Q3 Failure Letters 	 Signs of Suicide Classroom/Small Group Lesson based on Needs Assessment 504 Plan Quarterly Reports 	 College Information Night for Parents NCAA Eligibility Night for Parents 504 Plan Quarterly Reports Career Passport Contest
April	 OST Testing 8th Grade Student Transition to High School Programming Resolve Scheduling Conflicts 	 Classroom/Small Group Lesson based on Needs Assessment 8th Grade Student Transition to High School Programming 	 8th Grade Student Transition to High School Programming Buckeye Boys & Girls State Attendees Career Fair Scholarship Coordination
May	 OST Testing AP Testing 8th Grade Student Transition to High School Programming 	 Classroom/Small Group Lesson based on Needs Assessment 8th Grade Student 	 8th Grade Student Transition to High School Programming Senior Awards Night Senior Exit Survey

	 Resolve Schedule Conflicts Graduation Student meetings with non- graduates 	Transition to High School Programming Graduation Student Meetings with non-graduates	 Graduation Student meetings with non- graduates
June	 504 Plan Quarterly Reports OST Summer Testing Summer School Failure Letters 10th Grade Transition Planning with 10 – 12 Counselors Credit & Testing Checks NCAA Eligibility Center Transcript Processing Resolve Scheduling Conflicts 	 10th Grade Transition Planning with 10 – 12 Counselors 504 Plan Quarterly Reports 	 504 Plan Quarterly Reports NCAA Eligibility Center Transcript Processing

Ongoing Counseling Services

DOMAIN			
Academic	Social/Emotional	Career & College	
Individual Academic Student	• Personal/Social Counseling	Career & College Counseling and	
Counseling & Planning	 House Student Mentoring 	Advisement	
 Student Success Plans 	 Student Success Plans 	 Student Success Plans 	
 Student Support Team Meetings 	• Students Support Team Meetings	• 504 Plan Student Support	
 504 Plan Student Support 	 Juvenile Court Attendance 	• Scheduling	
 Juvenile Court Attendance 	Mediations	• Student/Parent/Teacher/	
Mediations	 504 Plan Student Support 	Administrator Consultation &	
 New Student Meetings 	• Scheduling	Collaboration	
 House New Student Mentoring 	• Student/Parent/Teacher/	College Applications	
 Credit & Testing Checks 	Administrator Consultation &	Letter of Recommendation	
 Transcript Corrections 	Collaboration	Writing	
• PE Waivers	• Data Collection	College Credit Plus Applications	
 Honors Diploma Checks 	 Ohio School Counselor 	Scholarship Applications	
 Credit Recovery Programming 	Accountability Report	DACC Applications	
 Student/Parent/Teacher/ 	 Central Ohio Mental Health 	School Profile	
Administrator Consultation &	Liaison Collaboration	Ohio School Counselor	
Collaboration	Crisis Intervention and	Accountability Report	
 Scheduling & Schedule Changes 	Management	Data Collection	
 Ohio School Counselor 	• IEP/ETR Meetings	Academic Awards/Leadership	
Accountability Report	• Grief Counseling	Opportunities	
 Data Collection 	• Family Changes/Divorce	College & Military Visits	

- Academic Awards/Leadership Opportunities
- IEP/ETR Meetings
- Peer Tutoring
- Global Scholars
- Student Success Plans/SMART Goal Setting & Monitoring

- Counseling
- Student of the Month
- Student Success Plans/SMART Goal Setting & Monitoring
- IEP/ETR Meetings
- Global Scholars
- Student Success Plans/SMART Goal Setting & Monitoring

References

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National Association of College Admission Counseling (2016). *Statement of Principles of Good Practice*. Retrieved from https://www.nacacnet.org/advocacy--ethics/statement-of-principles-of-good-practice/